

# Benefits of Crop Rotation

- Better yields
- Fewer disease and insect problems
- Improved soil fertility
- Reduced soil erosion

## Rotate Crops by Family

**Leafy vegetables** - cabbage, cauliflower, lettuce, amaranth, spinach

**Legumes** - French bean, soy, peanut, pea

**Vines** - cucumber, pumpkin, squash, melon, watermelon

**Root** - carrot, beet-root, sweet potato, onion

**Fruit vegetables** - tomato, potato, egg plant, pepper

